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## **This Book Contains 521 Prayers**

The prayers associated with this book, and the thousands of sample prayers on the website are being added to, and their wording is under review. We may add verses and alter the wording of sample prayers at any time. The newest version of this book, with additions, and possible wording updates should be available on the HelpToPray Website.

### Book or Sections Included:

Psalms 31-40

**Lord, search me, and know my heart:  
try me and know my thoughts.  
Determine if there is any offensive way  
in me, and lead me in the way of  
everlasting.**

**Search me, O God, and know my heart: try me,  
and know my thoughts: And see if there be any  
wicked way in me, and lead me in the way  
everlasting.**

**Psalm 139: 23-24**

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## Psalms Chapters 31-40

### Chapter 31

Lord God, thank You for Your truth, that we are able to put our trust in You.

Lord God, thank You for Your truth, that we should never be ashamed when we put our trust in You.

Lord God, thank You for Your truth, that You are able to deliver us into Your righteousness.

Lord God, cause me to put my trust in You.

Lord God, cause me to not be put to shame for trusting in You.

Lord God, deliver me in Your righteousness.

Lord God, thank You for delivering me in Your righteousness.

**In thee, O LORD, do I put my trust; let me never be ashamed: deliver me in thy righteousness.**

**Psalm 31: 1**

Lord God, thank You for Your truth, that You are able to hear our cry, and deliver us quickly.

Lord God, thank You for Your truth, that You are able to be our rock of refuge.

Lord God, thank You for Your truth, that You are able to be a strong fortress to save us.

Lord God, hear me calling, and deliver me quickly. Be my rock of refuge, and a strong fortress to save me.

Lord God, hear me calling, and deliver me quickly. Be my rock of refuge, and a strong fortress to save me.

**Bow down thine ear to me; deliver me speedily: be thou my strong rock, for an house of defence to save me.**

**Psalm 31: 2**

**Lord God, thank You for Your truth, that You are able to be our rock and fortress.**

**Lord God, thank You for Your truth, that for Your name's sake, You are able to lead and guide us.**

**Lord God, be my rock and my fortress.**

**Lord God, for the sake of Your name, lead me and guide me.**

**Lord God, thank You for being my rock and my fortress.**

**Lord God, thank You for leading me, and guiding me.**

**For thou art my rock and my fortress; therefore for thy name's sake lead me, and guide me.**

**Psalm 31: 3**

**Lord God, thank You for Your truth, that You are able to free us from the traps that others lay out for us.**

**Lord God, thank You for Your truth, that You are able to be our strength.**

**Lord God, free me from the traps that others lay out for me.**

**Lord God, be my strength.**

**Lord God, thank You for freeing me from the traps others lay out for me.**

**Lord God, thank You for being my strength.**

**[Pull me out of the net that they have laid privily for me: for thou art my strength.](#)**

**[Psalm 31: 4](#)**

**Lord God, thank You for Your truth, that we are able to commit our spirit into Your hand.**

**Lord God, thank You for Your truth, that we are able to redeem us.**

**Lord God, thank You for Your truth, that You are the God of truth.**

**Lord God, cause me to commit my spirit into Your hand.**

**Lord God, redeem me.**

**Lord God, thank You for redeeming me.**

**Lord God, thank You for causing me to commit my spirit into Your hands..**

**Lord God, thank You for being my LORD, and the God of truth.**

**Lord God, the God of truth, I have committed my spirit into Your hand. Thank You for redeeming me.**

**Into thine hand I commit my spirit: thou hast redeemed me, O LORD God of truth.**

**Psalm 31: 5**

**Lord God, cause me to hate those who regard lying vanities.**

**Lord God, cause me to trust in You.**

**Lord God, thank You for allowing me to trust in You.**

**Lord God, while others may be devoted to worthless idols, I have placed my trust in You.**

**I have hated them that regard lying vanities: but I trust in the LORD.**

**Psalm 31: 6**



**Lord God, thank You for Your truth, that we should be glad and rejoice in Your mercy.**

**Lord God, thank You for Your truth, that You are able to consider our troubles.**

**Lord God, thank You for Your truth, that You are able to know our adversities.**

**Lord God, cause me to be glad and rejoice in Your mercy.**

**Lord God, consider my troubles.**

**Lord God, know my adversities.**

**Lord God, thank You for causing me to be glad and rejoice in Your mercy.**

**Lord God, thank You for considering my troubles.**

**Lord God, thank You for knowing my adversities.**

**I will be glad and rejoice in thy mercy: for thou hast considered my trouble; thou hast known my soul in adversities;**

**Psalm 31: 7**

Lord God, thank You for Your truth, that You are able to keep us out of the hand of the enemy.

Lord God, thank You for Your truth, that You are able to set our feet in spacious places.

Lord God, keep me from the hands of the enemy.

Lord God, set my feet in spacious places.

**And hast not shut me up into the hand of the enemy: thou hast set my feet in a large room.**

**Psalm 31: 8**

Lord God, thank You for Your truth, that You are able to have mercy on us.

Lord God, have mercy on me, when I am troubled.

Lord God, have mercy on me, when I am consumed with grief.

**Have mercy upon me, O LORD, for I am in trouble: mine eye is consumed with grief, yea, my soul and my belly.**

**Psalm 31: 9**

Lord God, thank You for Your truth, that our strength can fail because of our iniquity.

Lord God, keep me from iniquity, and give me strength.

**For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.**

**Psalm 31: 10**

**Lord God, cause me to trusted in You.**

**Lord God, cause me to say, O Lord, You are my God.**

**Lord God, thank you for causing me to trust in You.**

**Lord God, thank you for causing me to say, O Lord, You are my God.**

**But I trusted in thee, O LORD: I said, Thou art my God.**

**Psalm 31: 14**

**Lord God, thank You for Your truth, that the length of our lives are in Your hands.**

**Lord God, thank You for Your truth, that you are able to deliver us from the hand of our enemies.**

**Lord God, thank You for Your truth, that you are able to deliver us from those who persecute us.**

**Lord God, I commit my life into Your hands.**

**Lord God, deliver me from the hand of my enemies.**

**Lord God, deliver me from those who persecute me.**

**Lord God, thank You for prolonging my life.**

**Lord God, thank You for delivering me from the hand of my enemies.**

**Lord God, thank You for delivering me from those who persecute me.**

**My times are in thy hand: deliver me from the hand of mine enemies, and from them that persecute me.**

**Psalm 31: 15**

**Lord God, thank You for Your truth, that You are able to make Your face shine on Your servants.**

**Lord God, thank You for Your truth, that You are able to save us for Your mercie's sake.**

**Lord God, cause me to be Your servant.**

**Lord God, make Your face shine on me.**

**Lord God, thank You for making me Your servant.**

**Lord God, thank You for making Your face shine on me.**

**Lord God, save me for Your mercies' sake.**

**Lord God, thank You for saving me for Your mercies' sake.**

**Make thy face to shine upon thy servant: save me for thy mercies' sake.**

**Psalm 31: 16**

Lord God, thank You for Your truth, that You are able to cause us to not be ashamed when we call upon You.

Lord God, thank You for Your truth, that when we call on You, You are able to let the wicked be ashamed, and to be silent in the grave.

Lord God, cause me to call upon You and to not be ashamed.

Lord God, cause the wicked to be ashamed, and to be silent in the grave.

Lord God, thank You for causing me to not be ashamed when I call upon You.

Let me not be ashamed, O LORD; for I have called upon thee: let the wicked be ashamed, and let them be silent in the grave.

Psalm 31: 17

Lord God, thank You for Your truth, that You are able to silence the lying lips of proud and contemptuous people, who speak grievously against the righteous.

Lord God, silence the lying lips of proud and contemptuous people, who speak grievously against the righteous.

Lord God, thank You for silencing the lying lips of proud and contemptuous people, who speak grievously against the righteous.

Let the lying lips be put to silence; which speak grievous things proudly and contemptuously against the righteous.

Psalm 31: 18

**Lord God, thank You for Your truth, that You store up goodness for them who fear You.**

**Lord God, thank You for Your truth, that the goodness You show to those who fear You, is shown to those who take refuge in You, and is done in the sight of men.**

**Lord God, cause me to fear You.**

**Lord God, cause me to take refuge in You.**

**Lord God, when I fear You, and take refuge in You, cause Your goodness to be shown to me in the sight of men.**

**Lord God, thank You for demonstrating Your goodness towards me before men, when I have feared You, and have taken refuge in You.**

**Oh how great is thy goodness, which thou hast laid up for them that fear thee; which thou hast wrought for them that trust in thee before the sons of men!**

**Psalm 31: 19**

**Lord God, thank You for Your truth, that You will hide those who fear You, in the secret of Your presence, from the pride of man.**

**Lord God, thank You for Your truth, that You will hide those who take refuge in You, in the secret of Your presence, from the pride of man.**

**Lord God, thank You for Your truth, that You will keep those who fear You, secretly in a pavilion from the strife of quarrelsome speech.**

**Lord God, thank You for Your truth, that You will keep those who take refuge in You, secretly in a pavilion from the strife of quarrelsome speech.**

**Lord God, hide me in the cover of Your presence from the schemes of men, and conceal me in a shelter, from the strife of quarrelsome speech.**

**Lord God, cause me to fear You.**

**Lord God, cause me to take refuge in You.**

**Lord God, hide me in the secret of Your presence, from the pride of man.**

**Lord God, keep me secretly in a pavilion, from the strife of quarrelsome speech.**

**Thou shalt hide them in the secret of thy presence from the pride of man: thou shalt keep them secretly in a pavilion from the strife of tongues.**

**Psalm 31: 20**



**Lord God, thank You for Your truth, that You are blessed, because You have shown Your marvelous kindness in a strong city.**

**Lord God, thank You for showing Your marvelous kindness in a strong city.**

**Blessed be the LORD: for he hath shewed me his marvellous kindness in a strong city.**

**Psalm 31: 21**

**Lord God, thank You for Your truth, that even when we believe we have been cut off from before Your eyes, You are able to hear the voice of our supplications when we cry out to You.**

**Lord God, cause me to cry out to You with supplications, even when I may hastily believe I am cut off from before Your eyes.**

**Lord God, even if I may believe I have been cut off from before Your eyes, hear the voice of my supplications when cry out to You.**

**Lord God, thank You for hearing my cry of supplications to You, even when I think I have been cut off from before Your sight.**

**For I said in my haste, I am cut off from before thine eyes: nevertheless thou heardest the voice of my supplications when I cried unto thee.**

**Psalm 31: 22**

**Lord God, thank You for Your instruction, for Your saints to love You.**

**Lord God, thank You for Your truth, that You preserve the faithful.**

**Lord God, thank You for Your truth, that You greatly reward Your diligent servants.**

**Lord God, cause me to love You.**

**Lord God, cause me to be faithful.**

**Lord God, cause me to be Your diligent servant.**

**Lord God, preserve me.**

**Lord God, reward my diligent service.**

**O love the LORD, all ye his saints: for the LORD preserveth the faithful, and plentifully rewardeth the proud doer.**

**Psalm 31: 23**

Lord God, thank You for Your instruction, to be of good courage.

Lord God, thank You for promise that You strengthen the hearts of those who are of good courage.

Lord God, thank You for promise that You strengthen the hearts of all those who hope in the Lord.

**Be of good courage, and he shall strengthen your heart, all ye that hope in the LORD.**

**Psalm 31: 24**

## Chapter 32

Lord God, thank You for Your truth, that those whose transgression is forgiven, are blessed.

Lord God, thank You for Your truth, that those whose sin is covered, are blessed.

Lord God, forgive my transgressions.

Lord God, cover my sins.

Lord God, thank You for the forgiving my transgressions.

Lord God, thank You for covering my sin.

Lord God, thank You for blessing me.

**Blessed is he whose transgression is forgiven, whose sin is covered.**

**Psalm 32: 1**

Lord God, thank You for Your truth, that to those You do not impute iniquity, are blessed.

Lord God, thank You for Your truth, that those whose spirit does not contain any guile, are blessed.

Lord God, do not impute iniquity against me.

Lord God, cause there to be no guile in my spirit.

Lord God, cause there to be no guile in my spirit.

Lord God, thank You for the blessing of not counting my iniquity against me.

Lord God, thank You for the blessing of a spirit not containing deception.

Lord God, thank You for blessing me.

**Blessed is the man unto whom the LORD imputeth not iniquity, and in whose spirit there is no guile.**

**Psalm 32: 2**

Lord God, cause me not to keep silent about my sin.

Lord God, cause my body to not waste away, as I groan in my sin all day long.

**When I kept silence, my bones waxed old through my roaring all the day long.**

**Psalm 32: 3**

**Lord God, thank You for Your truth, that if we are silent about our sin, Your hand can be heavy against us.**

**Lord God, thank You for Your truth, that if we are silent about our sin, you may dry up our strength as in the heat of summer.**

**Lord God, cause me to acknowledge my sin to You.**

**Lord God, do not turn Your hand against me.**

**For day and night thy hand was heavy upon me: my moisture is turned into the drought of summer. Selah.**

**Psalm 32: 4**

**Lord God, thank You for Your truth, that when we acknowledge our sin to You, You are able to forgive the iniquity of our sin.**

**Lord God, cause me to acknowledge my sin to You.**

**Lord God, cause me to not hid my sin to You.**

**Lord God, cause me confess my transgressions to you.**

**Lord God, forgive the iniquity of my sin.**

**I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the LORD; and thou forgavest the iniquity of my sin. Selah.**

**Psalm 32: 5**

Lord God, thank You for Your instruction, to pray to You and acknowledge our transgressions before You.

Lord God, thank You for Your instruction, to pray to You when You are able to be found.

Lord God, thank You for Your truth, that those who pray to You when You can be found, and who acknowledge their transgressions before You, are able to be protected from the storms of this life.

Lord God, cause me to pray to You when You can be found.

Lord God, cause me to acknowledge my transgressions before You.

Lord God, protect me.

Lord God, thank You for saving me from the storms that may have encompassed me.

**For this shall every one that is godly pray unto thee in a time when thou mayest be found: surely in the floods of great waters they shall not come nigh unto him.**

**Psalm 32: 6**

Lord God, thank You for Your truth, that You are able to be our hiding place.

Lord God, thank You for Your truth, that You are able to preserve us from trouble.

Lord God, thank You for Your truth, that You are able to surround us with songs of deliverance.

Lord God, be my hiding place, and my refuge.

Lord God, keep me protected from trouble.

Lord God, surround me with songs of deliverance.

Lord God, thank You for protecting me, preserving me, and delivering me to safety,

**Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah.**

**Psalm 32: 7**

Lord God, thank You for Your truth, that You will instruct us, and teach us in the way we should go.

Lord God, thank You for Your truth, that You will guide us with Your eye.

Lord God, instruct me and teach me the way I should go.

Lord God, guide me with Your eye.

I will instruct you and teach you in the way you should go; I will guide you with My eye.

Psalm 32: 8 (NKJV)

Lord God, thank You for the instruction to not be as a horse, or a mule, which has no understanding.

Lord God, thank You for the instruction to not be as a horse, or a mule, whose mouth must be held with a bit or a bridle, else they will not come near to us.

Lord God, cause me not to be as a horse, or as a mule, which has no understanding.

Lord God, cause me not to be as a horse, or as a mule, whose mouth must be held in a bit and bridle, or else they will not come near you.

Be ye not as the horse, or as the mule, which have no understanding: whose mouth must be held in with bit and bridle, lest they come near unto thee.

Psalm 32: 9



Lord God, thank You for Your truth, that many sorrows will come to the wicked.

Lord God, thank You for Your truth, that mercy will surround those who trust in You.

Lord God, cause me to flee from wickedness.

Lord God, cause me to trust in You.

Lord God, surround me with mercy as I trust in You.

Many sorrows shall be to the wicked: but he that trusteth in the LORD, mercy shall compass him about.

Psalm 32: 10

Lord God, thank You for Your instruction, to be glad in You.

Lord God, thank You for Your instruction, for the righteous to rejoice.

Lord God, thank You for Your instruction, for the upright in heart to shout for joy.

Lord God, cause me to be glad in You.

Lord God, cause me to be righteous, and to rejoice.

Lord God, cause me to be upright in heart, and to shout for joy.

Lord God, thank You for giving us good reason to be glad in You, to rejoice, and to shout for joy.

**Be glad in the LORD, and rejoice, ye righteous: and shout for joy, all ye that are upright in heart.**

**Psalm 32: 11**

## Chapter 33

Lord God, thank You for Your instruction, for the righteous to rejoice in You.

Lord God, thank You for Your truth, that praise is fitting for the upright.

Lord God, cause me to be righteous.

Lord God, cause me to rejoice in You.

Lord God, cause me to be upright, and fit to give praise and rejoice in You.

Lord God, I rejoice in You, for praise is fitting for the upright.

Lord God, I rejoice in You, for praise is fitting for the upright.

**Rejoice in the LORD, O ye righteous: for praise is comely for the upright**

**Psalm 33: 1**

Lord God, thank You for Your instruction, to praise You with a harp.

Lord God, thank You for Your instruction, to sing to You with the Psaltry.

Lord God, thank You for Your instruction, to sing to You with an instrument of ten strings.

**Praise the LORD with harp: sing unto him with the psaltery and an instrument of ten strings.**

**Psalm 33: 2**

Lord God, thank You for Your instruction, to Sing a new song to You.

Lord God, thank You for Your instruction, to play skilfully with a loud noise, while Singing a new song to You.

**Sing unto him a new song; play skilfully with a loud noise.**

**Psalm 33: 3**

Lord God, thank You for Your truth, that Your word is right.

Lord God, thank You for Your truth, that Your works are all done in truth

**For the word of the LORD is right; and all his works are done in truth.**

**Psalm 33: 4**

Lord God, Thank You for Your truth, that You love righteousness and judgment.

Lord God, Thank You for Your truth, that the earth is full of Your goodness.

**He loveth righteousness and judgment: the earth is full of the goodness of the LORD.**

**Psalm 33: 5**

**Lord God, thank You for Your truth, that the heavens were made by Your word.**

**Lord God, thank You for Your truth, that the host of the heavens were made by the breath of Your mouth.**

**Lord God, thank You for making the heavens by Your word, and the host of them by the breath of Your mouth.**

**By the word of the LORD were the heavens made; and all the host of them by the breath of his mouth.**

**Psalm 33: 6**

**Lord God, thank You for Your truth, that You assigned the sea its boundaries.**

**Lord God, thank You for Your truth, that You put the ocean depths in storerooms.**

**He gathereth the waters of the sea together as an heap: he layeth up the depth in storehouses.**

**Psalm 33: 7**

**Lord God, thank You for Your instruction, for all the earth to fear You.**

**Lord God, thank You for Your instruction, for all the inhabitants of the world stand in awe of You.**

**Lord God, thank You for Your truth, that You spoke, and it was done.**

**Lord God, thank You for Your truth, that You commanded, and it stood fast.**

**Lord God, cause me to fear You.**

**Lord God, cause me to stand in awe of You.**

**Let all the earth fear the LORD: let all the inhabitants of the world stand in awe of him. For he spake, and it was done; he commanded, and it stood fast**

**Psalm 33: 8-9**

Lord God, thank You for Your truth, that You nullify the plans of nations.

Lord God, thank You for Your truth, that You spoil the plans of people.

Lord God, cause the nations of the earth's plans, to be established in You.

Lord God, cause the plans of people to be established in You.

Lord God, cause my plans to be established in You, and through you.

The LORD bringeth the counsel of the heathen to nought: he maketh the devices of the people of none effect.

Psalm 33: 10

Lord God, thank You for Your truth, that Your counsel stands forever.

Lord God, thank You for Your truth, that the thoughts of Your heart are for all generations.

Lord God, cause the nations, and the people to regard Your counsel.

Lord God, cause me to regard Your counsel.

Lord God, cause me to regard the thoughts of Your heart.

The counsel of the LORD standeth for ever, the thoughts of his heart to all generations.

Psalm 33: 11

**Lord God, thank You for Your truth, that those nations whose God is You, are blessed.**

**Lord God, thank You for Your truth, that the people You have chosen for Your own inheritance, are blessed.**

**Lord God, cause the nations of the earth to establish You as their God.**

**Lord God, establish those who seek You as Your own inheritance.**

**Lord God, choose me as Your own inheritance.**

**Blessed is the nation whose God is the LORD; and the people whom he hath chosen for his own inheritance.**

**Psalm 33: 12**

**Lord God, thank You for Your truth, that You look from heaven and behold all of us on earth.**

**Lord God, thank You for Your truth, that from the place of Your habitation, you look upon us all.**

**Lord God, look upon me from Your dwelling place, and behold my love for You.**

**The LORD looketh from heaven; he beholdeth all the sons of men. From the place of his habitation he looketh upon all the inhabitants of the earth.**

**Psalm 33: 13-14**



Lord God, thank You for Your truth, that fashion the hearts of men in a like manner.

Lord God, thank You for Your truth, that You consider all the works of men.

Lord God, consider all my works, and behold my love for You.

**He fashioneth their hearts alike; he considereth all their works.**

**Psalm 33: 15**

Lord God, thank You for Your truth, that there is no king that is saved by a mighty army.

Lord God, thank You for Your truth, that mighty men are not delivered by their strength.

Lord God, protect the righteous countries who have You as their God.

Lord God, deliver me with Your strength.

**There is no king saved by the multitude of an host: a mighty man is not delivered by much strength.**

**Psalm 33: 16**

Lord God, thank You for Your truth, that a horse can not be trusted for a man's safety.

Lord God, thank You for Your truth, that even by the strength of a horse, a man can not be delivered.

Lord God, cause me to rely on You, for my safety and my deliverance.

**An horse is a vain thing for safety: neither shall he deliver any by his great strength.**

**Psalm 33: 17**

Lord God, thank You for Your truth, that Your eye is on those who fear You, and who hope in Your mercy.

Lord God, thank You for Your truth, that Your eye is on those who fear You, and who hope in Your mercy, to deliver their soul from death.

Lord God, thank You for Your truth, that Your eye is on those who fear You, and who hope in Your mercy, to keep them alive in famine.

Lord God, cause me to fear You, and to hope for Your mercy.

Lord God, have mercy upon me, and deliver my soul from death.

Lord God, have mercy upon me, and keep me alive in famine.

**Behold, the eye of the LORD is upon them that fear him, upon them that hope in his mercy; To deliver their soul from death, and to keep them alive in famine.**

**Psalm 33: 18-19**

Lord God, thank You for Your truth, that our soul is able to wait for You.

Lord God, thank You for Your truth, that you are able to be our help and our shield.

Lord God, cause my soul to wait for You.

Lord God, be my help and my shield.

**Our soul waiteth for the LORD: he is our help and our shield.**

**Psalm 33: 20**

Lord God, thank You for Your truth, that those who have trusted in Your holy name, will rejoice.

Lord God, cause me to trust in Your holy name.

Lord God, bring me to the place of rejoicing.

**For our heart shall rejoice in him, because we have trusted in his holy name.**

**Psalm 33: 21**

Lord God, thank You for Your truth, that Your mercy is able to be on those who hope in You.

Lord God, cause me to hope in Your mercy.

Lord God, cause Your mercy to be on me.

**Let thy mercy, O LORD, be upon us, according as we hope in thee.**

**Psalm 33: 22**

## Chapter 34

Lord God, cause me to Bless You at all times.

Lord God, cause my mouth to continually praise You.

**I will bless the LORD at all times: his praise shall continually be in my mouth.**

**Psalm 34: 1**

Lord God, cause my soul to make it's boast in You.

Lord God, cause the humble to be glad, when they hear my souls boast is in You.

**My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad.**

**Psalm 34: 2**

Lord God, cause us all to magnify You.

Lord God, cause us all to exalt Your name.

Lord God, cause me to magnify You, and to exalt Your name, with others who love You.

**O magnify the LORD with me, and let us exalt his name together.**

**Psalm 34: 3**

Lord God, thank You for Your truth, that You are able to hear those who seek You.

Lord God, thank You for Your truth, that You are able to deliver those who seek You, from all their fears.

Lord God, cause me to seek after You.

Lord God, listen for me as I seek You.

Lord God, while I am seeking You, and calling out to You, deliver me from all my fears.

**I sought the LORD, and he heard me, and delivered me from all my fears.**

**Psalm 34: 4**

Lord God, thank You for Your truth, that those who look to You, are able to be radiant.

Lord God, thank You for Your truth, that those who look to You, will not be ashamed.

Lord God, cause me to look to You, are to be radiant.

Lord God, cause me to not be ashamed.

**They looked unto him, and were lightened: and their faces were not ashamed.**

**Psalm 34: 5**

Lord God, thank You for Your truth, that a poor man can cry out, and You are able to hear him.

Lord God, thank You for Your truth, that a poor man can cry out, and You are able to save him from all his troubles.

Lord God, hear my cry, and save me from my troubles.

**This poor man cried, and the LORD heard him, and saved him out of all his troubles.**

**Psalm 34: 6**

Lord God, thank You for Your truth, that the angel of the LORD is with them that fear You.

Lord God, thank You for Your truth, that the angel of the LORD that is with them that fear You, will also deliver them.

**The angel of the LORD encampeth round about them that fear him, and delivereth them.**

**Psalm 34: 7**

Lord God, thank You for Your truth, that Your goodness is able to be known.

Lord God, thank You for Your truth, that they who trust in You, are blessed.

**O taste and see that the LORD is good: blessed is the man that trusteth in him.**

**Psalm 34: 8**

Lord God, thank You for Your truth, that those who fear You, will not have unfulfilled needs.

Lord God, cause me to fear You.

Lord God, as I fear You, I trust You to provide for me.

**O fear the LORD, ye his saints: for there is no want to them that fear him.**

**Psalm 34: 9**

Lord God, thank You for Your truth, that young lions lack, and suffer hunger.

Lord God, thank You for Your truth, those who seek You, will have all good things.

Lord God, cause me to seek You, and to not lack any good thing.

Lord God, not because of myself, but because I seek You, I shall have all good things.

**The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing.**

**Psalm 34: 10**

Lord God, thank You for Your instruction, to listen attentively to Your words.

Lord God, thank You for Your truth, that those who listen attentively to Your words, can be taught to fear You.

Lord God, cause me to attentively to Your word.

Lord God, teach me to fear You.

**Come, ye children, hearken unto me: I will teach you the fear of the LORD.**

**Psalm 34: 11**

Lord God, thank You for Your truth, that it is good to desire a long life, so we may see good.

Lord God, cause me to desire to live long, so I may see good.

**What man is he that desireth life, and loveth many days, that he may see good?**

**Psalm 34: 12**

Lord God, thank You for Your instruction to keep our tongues from evil.

Lord God, thank You for Your instruction to keep our lips from speaking guile.

Lord God, keep my tongue from speaking evil.

Lord God, keep my lips from speaking lies.

**Keep thy tongue from evil, and thy lips from speaking guile.**

**Psalm 34: 13**



Lord God, thank You for Your instruction, to depart from evil, and to do good.

Lord God, thank You for Your instruction, to seek peace, and to pursue it.

Lord God, cause me to depart from evil, and to do good.

Lord God, cause me to seek peace, and to pursue it.

**Depart from evil, and do good; seek peace, and pursue it.**

**Psalm 34: 14**

Lord God, thank You for Your promise, that Your eyes are on the righteous.

Lord God, thank You for Your promise, that Your ears are open to the cry of the righteous.

Lord God, cause me to be righteous.

Lord God, keep Your eyes on me.

Lord God, keep Your ears open to my cry.

**The eyes of the LORD are upon the righteous, and his ears are open unto their cry.**

**Psalm 34: 15**

**Lord God, thank You for Your truth, that Your face is against those who do evil.**

**Lord God, thank You for Your truth, that Your intent is to cut off the remembrance of those who do evil, from the face of the earth.**

**Lord God, keep me from doing evil.**

**The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth.**

**Psalm 34: 16**

**Lord God, thank You for Your promise, that when the righteous cry, You hear them.**

**Lord God, thank You for Your promise, that when the righteous cry, You deliver them out of all their troubles.**

**Lord God, cause me to be righteous.**

**Lord God, hear my cry.**

**Lord God, deliver me from all my troubles.**

**The righteous cry, and the LORD heareth, and delivereth them out of all their troubles.**

**Psalm 34: 17**

Lord God, thank You for Your promise, that You are near those whose hearts are broken.

Lord God, thank You for Your promise, that You save those whose spirits are crushed.

Lord God, thank You for being near the brokenhearted, and for saving those whose spirits are crushed.

Lord God, be near me when I am brokenhearted.

Lord God, save me when my spirit is crushed.

**The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.**

**Psalm 34: 18**

Lord God, thank You for Your truth, that the righteous will have many afflictions.

Lord God, thank You for Your promise, that You deliver the righteous out of all their troubles.

Lord God, cause me to be righteous, and to not fear trouble.

Lord God, cause me to be righteous, and to be delivered from all my afflictions.

**Many are the afflictions of the righteous: but the LORD delivereth him out of them all.**

**Psalm 34: 19**

Lord God, thank You for Your promise, that You redeem the souls of Your servants.

Lord God, thank You for Your promise, that none of Your servants who trusts in You, will be left desolate.

Lord God, cause me to be Your servant.

Lord God, cause me to trust in You.

**The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.**

**Psalm 34: 22**

## Chapter 35

Lord God, thank You for Your truth, that You are able to plead our cause, with those that strive with us.

Lord God, thank You for Your truth, that You are able to fight against them, that fight against us.

Lord God, plead my cause, with those who strive with me.

Lord God, fight against them, that fight against me.

**Plead my cause, O Lord, with them that strive with me: fight against them that fight against me.**

**Psalm 35: 1**

**Lord God, thank You for Your truth, that You are able to stop others from persecuting us.**

**Lord God, thank You for Your truth, that You are able to say to our souls, that You are our salvation.**

**Lord God, actively save me from those who persecute me.**

**Lord God, make it known to my soul, that You are my salvation.**

**Draw out also the spear, and stop the way against them that persecute me: say unto my soul, I am thy salvation.**

**Psalm 35: 3**

**Lord God, thank You for Your truth, that it is possible for our souls to be joyful in You.**

**Lord God, thank You for Your truth, that it is possible for our souls to rejoice in Your salvation.**

**Lord God, cause my soul to be joyful in You.**

**Lord God, cause my soul to rejoice in Your salvation.**

**And my soul shall be joyful in the LORD: it shall rejoice in his salvation.**

**Psalm 35: 9**

Lord God, thank You for Your truth, that it is possible for our whole being to know that there is no one like You.

Lord God, thank You for Your truth, that only You can deliver the poor from those who are too strong for him.

Lord God, thank You for Your truth, that only You can deliver the poor from those who would rob and take advantage of them.

Lord God, cause me to know that there is none like You.

Lord God, deliver me from those who are too strong for me.

Lord God, deliver me from those who would rob and take advantage of me.

All my bones shall say, LORD, who is like unto thee, which deliverest the poor from him that is too strong for him, yea, the poor and the needy from him that spoileth him?

Psalm 35: 10

Lord God, thank You for Your truth, that it is good to speak of Your righteousness often.

Lord God, thank You for Your truth, that it is good to share the reasons we praise You with others.

Lord God, cause me to speak of Your righteousness to others.

Lord God, cause me to continually speak of my praises towards You.

And my tongue shall speak of thy righteousness and of thy praise all the day long.

Psalm 35: 28

## Chapter 36

Lord God, thank You for Your truth, that when the wicked willfully transgress Your laws, it shows they have no fear of You.

Lord God, cause me to fear You.

Lord God, keep me from transgressions.

The transgression of the wicked saith within my heart, that there is no fear of God before his eyes.

**Psalm 36: 1**

Lord God, thank You for Your truth, that the wicked flatter themselves with their own eyes.

Lord God, thank You for Your truth, that the iniquity of the wicked is found to be hateful.

Lord God, keep me from wickedness.

Lord God, cause me not to flatter myself with my eyes.

Lord God, cause my iniquity to not be found hateful.

For he flattereth himself in his own eyes, until his iniquity be found to be hateful.

**Psalm 36: 2**

Lord God, thank You for Your truth, that the wicked speak iniquity and deceit.

Lord God, thank You for Your truth, that the wicked are not wise.

Lord God, thank You for Your truth, that the wicked do not do good.

Lord God, cause me to not speak iniquity and deceit.

Lord God, cause me to be wise.

Lord God, cause me to do good.

**The words of his mouth are iniquity and deceit: he hath left off to be wise, and to do good.**

**Psalm 36: 3**



Lord God, thank You for Your truth, that the wicked devise mischief on their beds.

Lord God, thank You for Your truth, that the wicked set themselves in a way that is not good.

Lord God, thank You for Your truth, that the wicked do not hate evil.

Lord God, cause me to not devise mischief on my bed.

Lord God, cause me to not set myself in a way that is not good.

Lord God, cause me to hate evil.

Lord God, cause me to fear You, to seek wisdom, and to do what is good.

Lord God, let me dwell on You in my night watches, and let Your goodness be set on me.

He deviseth mischief upon his bed; he setteth himself in a way that is not good; he abhorreth not evil.

Psalm 36: 4

Lord God, thank You for Your truth, that Your mercy is in the heavens.

Lord God, thank You for Your truth, that Your faithfulness reaches the clouds.

Thy mercy, O LORD, is in the heavens; and thy faithfulness reacheth unto the clouds.

Psalm 36: 5

Lord God, thank You for Your truth, that Your righteousness is like the great mountains.

Lord God, thank You for Your truth, that Your judgments are very deep.

Lord God, thank You for Your truth, that You preserve both man and beast.

Lord God, preserve me so I may observe Your great righteousness, and consider Your deep judgments.

**Thy righteousness is like the great mountains; thy judgments are a great deep: O LORD, thou preservest man and beast.**

**Psalm 36: 6**

Lord God, thank You for Your truth, that Your loving kindness is excellent, and the children of men are able to trust under the shadow of Your wings.

Lord God, cause me to experience Your loving kindness.

Lord God, cause me to trust under the shadow of Your wings.

**How excellent is thy lovingkindness, O God! therefore the children of men put their trust under the shadow of thy wings.**

**Psalm 36: 7**

Lord God, thank You for Your truth, that those who trust under the shadow of Your wings, are made to drink out of the rivers of Your pleasure.

Lord God, cause me to trust under the shadow of Your wings.

Lord God, make me to drink out of the rivers of Your pleasure.

They shall be abundantly satisfied with the fatness of thy house; and thou shalt make them drink of the river of thy pleasures.

Psalm 36: 8

Lord God, thank You for Your truth, that with You is the fountain of life.

Lord God, thank You for Your truth, that in Your light, we are able to see light.

Lord God, cause me to see light, in your light.

For with thee is the fountain of life: in thy light shall we see light.

Psalm 36: 9

Lord God, thank You for Your truth, that it is desirable that You continue Your loving kindness to those who know You.

Lord God, thank You for Your truth, that it is desirable that You continue Your righteousness to the upright in heart.

Lord God, cause me to know You, and grant me Your loving kindness.

Lord God, cause me to be upright in heart, and grant me Your righteousness.

O continue thy lovingkindness unto them that know thee; and thy righteousness to the upright in heart.

Psalm 36: 10

Lord God, thank You for Your truth, that You are able to keep the foot of the pride from coming against us.

Lord God, thank You for Your truth, that You are able to keep the hand of the wicked from driving us away.

Lord God, keep the foot of the pride from coming against me.

Lord God, keep the hand of the wicked from driving me away.

Let not the foot of pride come against me, and let not the hand of the wicked remove me.

Psalm 36: 11

## Chapter 37

Lord God, thank You for Your instruction, to not fret because of those who do evil.

Lord God, thank You for Your instruction, to not be envious against the workers of iniquity.

Lord God, thank You for Your truth that those who do evil, and work iniquity will soon be cut down like the grass, and wither as a green herb.

Lord God, cause me to not fret because of those who do evil.

Lord God, cause me to not be envious against the workers of iniquity.

**Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. For they shall soon be cut down like the grass, and wither as the green herb.**

**Psalm 37: 1-2**

Lord God, thank You for Your instruction, to trust in You, and to do good.

Lord God, thank You for Your promise, that those who trust in You, and do good, will dwell in the land.

Lord God, thank You for Your promise, that those who trust in You, and do good, will be fed.

Lord God, cause me to trust in You, and to do good

**Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed.**

**Psalm 37: 3**

**Lord God, thank You for Your instruction, to delight ourselves in You.**

**Lord God, thank You for promise, to give the desires of their heart, to those who delight themselves in You.**

**Lord God, cause me to delight myself in You.**

**Delight thyself also in the LORD; and he shall give thee the desires of thine heart.**

**Psalm 37: 4**

**Lord God, thank You for Your instruction, to commit our ways unto You.**

**Lord God, thank You for Your promise to those who commit their ways unto You, to bring to pass those things they trust You for.**

**Lord God, cause me to commit my way to You, to trust in You, and to know You will fulfill all things.**

**Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.**

**Psalm 37: 5**

Lord God, thank You for Your truth, that You are able to make our righteousness shine like the dawn.

Lord God, thank You for Your truth, that You are able to make our judgment like the noon day sun.

Lord God, make my righteousness shine like the dawn, and my judgment like the noon day sun.

**And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.**

**Psalm 37: 6**

Lord God, thank You for Your truth, that the wicked plots against the just.

Lord God, thank You for Your truth, that the wicked gnash upon the just with their teeth.

Lord God, thank You for Your truth, You laugh at the wicked plotting against the just, and gnashing their teeth upon them, as You can see that his day is coming.

**The wicked plotteth against the just, and gnasheth upon him with his teeth. The Lord shall laugh at him: for he seeth that his day is coming.**

**Psalm 37: 12-13**

Lord God, thank You for Your truth, that the little that a righteous man has, is better than the riches of many wicked.

Lord God, cause me to be righteous.

**A little that a righteous man hath is better than the riches of many wicked.**

**Psalm 37: 16**

Lord God, thank You for Your truth, that the steps of a good man are ordered by You.

Lord God, thank You for Your truth, that You delight in the way of a good man.

Lord God, thank You for Your truth, that a good man whose steps are ordered by You, may fall, but he will not be utterly cast down.

Lord God, thank You for Your truth, that a good man whose steps are ordered by You, who falls, is upheld with Your hand.

Lord God, cause me to be god in Your eyes.

Lord God, order my steps, and delight in my way.

Lord God, when I fall, do not allow me to be utterly cast down, but uphold me with Your hand.

**The steps of a good man are ordered by the LORD: and he delighteth in his way. Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand.**

**Psalm 37: 23-24**

Lord God, thank You for Your truth, that you are known to take care of the righteous, and to cause their children to not have want of bread.

Lord God, cause me to be righteous, and do not forsake me.

Lord God, thank You for not forsaking me.

**I have been young, and now am old; yet have I not seen the righteous forsaken, nor his seed begging bread.**

**Psalm 37: 25**



Lord God, thank You for Your truth, that the righteous are merciful, and lends to those in need.

Lord God, thank You for Your truth, that you bless the children of the righteous.

Lord God, cause me to be merciful, and to lend to those in need.

Lord God, bless those who come after me.

**He is ever merciful, and lendeth; and his seed is blessed.**

**Psalm 37: 26**

Lord God, thank You for Your instruction, to wait on You, and to keep Your way.

Lord God, thank You for Your promises to those who wait on You, and keep Your way, to be exalted and to inherit the land.

Lord God, thank You for Your promises to those who wait on You, and keep Your way, to see the wicked when they are cut off.

Lord God, cause me to wait on You, and to keep Your way.

Lord God, Keep my paths straight, and do not let me grow weary in righteousness, as my inheritance is insured with Your promises.

**Wait on the LORD, and keep his way, and he shall exalt thee to inherit the land: when the wicked are cut off, thou shalt see it.**

**Psalm 37: 34**

**Lord God, thank You for Your truth, that the salvation of the righteous is of You.**

**Lord God, thank You for Your truth, that You are the strength of the righteous, in the time of trouble.**

**Lord God, cause me to be righteous.**

**Lord God, be my salvation.**

**Lord God, be my strength in times of trouble.**

**Lord God, thank You for making me righteous, for Your salvation, and for being my strength.**

**But the salvation of the righteous is of the LORD: he is their strength in the time of trouble.**

**Psalm 37: 39**

**Lord God, thank You for Your truth that You help the righteous. deliverance from the wicked. I trust You will deliver me, and save me, at the instant that is best.**

**Lord God, thank You for Your truth that You deliver the righteous from the wicked.**

**Lord God, thank You for Your truth that You save the righteous from the wicked, because the righteous trust in You.**

**Lord God, cause me to be righteous.**

**Lord God, cause me to trust in You.**

**Lord God, deliver me from the wicked.**

**Lord God, I look to You for Your righteousness, for Your help, and for Your deliverance from the wicked. I trust You will deliver me, and save me, at the very best instance.**

**And the LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they trust in him.**

**Psalm 37: 40**

## Chapter 38

Lord God, thank You for Your truth, that it is not desirable to be rebuked in Your anger.

Lord God, thank You for Your truth, that it is not desirable to be disciplined in Your wrath.

Lord God, do not rebuke me in your anger, or discipline me in your wrath.

**O LORD, rebuke me not in thy wrath: neither chasten me in thy hot displeasure.**

**Psalm 38: 1**

Lord God, if You were to rebuke me in Your anger, or discipline me in Your wrath, Your arrows would sink into me, and Your hand would press sore against me.

**For thine arrows stick fast in me, and thy hand presseth me sore.**

**Psalm 38: 2**

Lord God, thank You for Your truth, that our desires are before You.

Lord God, thank You for Your truth, that our groaning is not hidden from You.

**Lord, all my desire is before thee; and my groaning is not hid from thee.**

**Psalm 38: 9**

**Lord God, thank You for Your truth, that it is good to hope place our hope in You.**

**Lord God, thank You for Your truth, that You are able to hear those who hope in You.**

**Lord God, cause me to hope in You.**

**Lord God, hear me, Oh Lord my God.**

**For in thee, O LORD, do I hope: thou wilt hear, O Lord my God.**

**Psalm 38: 15**

**Lord God, thank You for Your truth, that You are able to hear those who place their hope in You.**

**Lord God, thank You for Your truth, that You are able to keep others from rejoicing over those who place their hope in You, when their foot may have slipped.**

**Lord God, thank You for Your truth, that You are able to keep others from magnifying themselves against those who place their hope in You, when their foot may have slipped.**

**Lord God, hear me, as I am Your servant who has placed his hope in You. Keep them from rejoice over me when my foot slips, and from boasting against me when I stumble.**

**For I said, Hear me, lest otherwise they should rejoice over me: when my foot slippeth, they magnify themselves against me.**

**Psalm 38: 16**

Lord God, thank You for Your truth, that it is good to declare our iniquity.

Lord God, thank You for Your truth, that it is good to be sorry for our sin.

Lord God, cause me to declare my iniquity.

Lord God, cause me to be sorry for my sin.

Lord God, I will declare my iniquity.

Lord God, I will be sorry for my sin.

**For I will declare mine iniquity; I will be sorry for my sin.**

**Psalm 38: 18**

Lord God, thank You for Your truth, that our enemies can be lively and strong.

Lord God, thank You for Your truth, those who hate us wrongfully can increase.

Lord God, do not leave me, for my enemies are vigorous and powerful.

Lord God, do not leave me, for more and more people hate me for wrong reasons.

**But mine enemies are lively, and they are strong: and they that hate me wrongfully are multiplied.**

**Psalm 38: 19**

**Lord God, thank You for Your truth, that when we follow what is good, our adversaries can render evil for good.**

**Lord God, cause me to do the things that are good.**

**Lord God, protect me from those who would render evil for good.**

**They also that render evil for good are mine adversaries; because I follow the thing that good is.**

**Psalm 38: 20**

**Lord God, thank You for Your truth, that it is good if You do not forsake us.**

**Lord God, thank You for Your truth, that it is good when You are near us.**

**Lord God, do not forsake me.**

**Lord God, do not be far from me.**

**Forsake me not, O LORD: O my God, be not far from me.**

**Psalm 38: 21**

**Lord God, thank You for Your truth, that there are times when we need Your help speedily.**

**Lord God, thank You for Your truth, that you are the Lord of salvation.**

**Lord God, listen for my cry.**

**Lord God, make haste to help me.**

**Lord God, be the Lord of my salvation.**

**Make haste to help me, O Lord my salvation.**

**Psalm 38: 22**



## Chapter 39

Lord God, thank You for Your truth, that it is good for us to consider our ways.

Lord God, thank You for Your truth, that it is good for us to not sin with our tongue.

Lord God, thank You for Your truth, that it is good for us to bridle our mouths.

Lord God, cause me to consider my ways.

Lord God, cause me to not sin with my tongue.

Lord God, cause me to bridle my mouth.

Lord, as the wicked is ever before me, bridle my mouth and give me restraint, so I will not sin with my words.

I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me.

Psalm 39: 1

Lord God, thank You for Your truth, that it is good to wait on You, and to have our hope in You.

Lord God, cause me to wait on You, and to have my hope in You.

Lord God, I wait for You, and my hope is in You.

And now, Lord, what wait I for? my hope is in thee.

Psalm 39: 7

Lord God, thank You for Your truth, that You are able to deliver us from our transgressions.

Lord God, thank You for Your truth, that You are able to keep us from being a reproach of the foolish.

Lord God, deliver me from my transgressions.

Lord God, keep me from being a reproach of the foolish.

**Deliver me from all my transgressions: make me not the reproach of the foolish.**

**Psalm 39: 8**

Lord God, thank You for Your truth, that when You correct a man for his iniquity, You are able to make his person be consumed like a moth.

Lord God, thank You for Your truth, that every man is like a vapor.

Lord God, thank You for Your truth, that every man who trusts in himself, trusts in a vain thing.

Lord God, cause me to turn from my iniquity.

Lord God, cause me to turn to You.

Lord God, have mercy, and do not consume me for my iniquity.

**When thou with rebukes dost correct man for iniquity, thou makest his beauty to consume away like a moth: surely every man is vanity. Selah.**

**Psalm 39: 11**

Lord God, thank You for Your truth, that You are able to hear our prayers.

Lord God, thank You for Your truth, that You are able to give an ear to our cry.

Lord God, thank You for Your truth, that it is good when You are there for us when we cry.

Lord God, thank You for Your truth, that we dwell with You as an alien.

Lord God, thank You for Your truth, that we dwell with You as with a stranger.

Lord God, thank You for Your truth, that all our fathers have dwelt with You as an alien, and as a stranger.

Lord God, hear my prayer, and give an ear to my cry.

Lord God, do not be deaf to my weeping.

Lord God, thank You for taking me in as an alien, and a stranger.

Lord God, thank You for hearing my prayer, and for giving an ear to my cry.

**Hear my prayer, O LORD, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were.**

**Psalm 39: 12**

Lord God, thank You for Your truth, that You are able to spare us from our trouble.

Lord God, thank You for Your truth, that because of You, we may be able to recover our strength.

Lord God, do not turn from me, but cause my strength to be recovered.

**O spare me, that I may recover strength, before I go hence, and be no more.**

**Psalm 39: 13**

## Chapter 40

Lord God, thank You for Your truth, that it is good to wait patiently for You.

Lord God, thank You for Your truth, that You may make us wait before You consider helping us.

Lord God, thank You for Your truth, that You may make us wait before You hear our cry.

Lord God, when I have waited sufficiently for You, consider me, and hear my cry.

Lord God, thank You for inclining Yourself to consider me, and for hearing my cry.

**I waited patiently for the LORD; and he inclined unto me, and heard my cry.**

**Psalm 40: 1**

Lord God, thank You for drawing me up out of a horrible pit, out of the muddy clay, for setting my feet on a rock, and making my steps secure.

He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings.

Psalm 40: 2

Lord God, put a new song in my mouth, that gives praise to You. Cause many to see, fear, and put their trust in You.

And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.

Psalm 40: 3

Lord God, cause me to make You my trust, to not respect the proud, and to not go astray into falsehood.

Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.

Psalm 40: 4

Lord God, make Your will my delight, and place Your law within my heart.

I delight to do thy will, O my God: yea, thy law is within my heart.

Psalm 40: 8

Lord God, do not withhold Your tender mercies from me, and let Your lovingkindness and truth continually preserve me.

Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me.

Psalm 40: 11

Lord God, sometimes I lose courage as evil surrounds me, and my iniquities take hold of me, so much that I am not able to look up. In these times, be pleased to deliver me, and do not be slow to help me.

For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me. Be pleased, O LORD, to deliver me: O LORD, make haste to help me.

Psalm 40: 12-13

Lord God, cause me to seek You, rejoice, and be glad in You, and let me continually say, The Lord be magnified.

Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified.

Psalm 40: 16

Lord God, although poor and needy, You think of me. Do not delay, as I trust You as my help and my deliverer.

But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God.

Psalm 40: 17

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